



December 2010

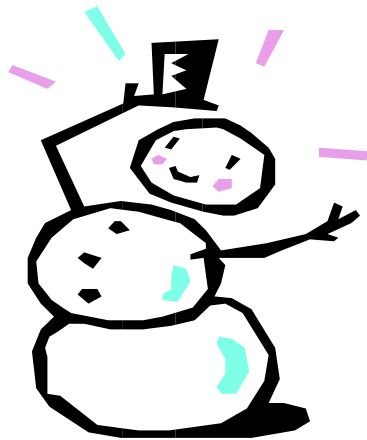
Jarrell High School Key Club

Editor Nicole Tolbert

Service This Month—A Note from Your Editor

The holiday season is a good time to give to others. Many organizations reach out more than usual around the holidays to those in need. Also, many people branch away from the things they participate in and do service projects of their own.

I did Ring-A-Bell for Salvation Army for my first time this year. We've figured out the best trick to having fun while doing service projects—having your friends there with you! I had a blast visiting with my fellow Key Club members and ringing the bell. I enjoyed seeing the children who got excited to put money into the pot and getting to



wish everyone a happy holiday season. Like with everything, some people were joyous to give and thanked me for what I was doing, while others walked right past and did not even acknowledge me.

I learn a lot through service to others and the many experiences I have in Key Club and as a

leader. I thank everyone who makes all the fun we have possible!

Each year in the holiday season my family bakes cookies and other yummy goodies, and I love getting to take them to my friends and family for them to enjoy. Some people I took them to this year were touched that I thought of them. I love seeing the smiles on their faces when I bring them goodies and getting to visit with them about their break.

Tell me about your service the past few months, and I will include a story and any pictures you send me in my next newsletter. Thanks! Hope you had a great holiday! -Nicole



How are you doing?

- Are you keeping track of your service hours?
- Are you doing any service projects?
- Have you been to all the meetings?
- Have you participated as an active member?

Don't Worry, Be Happy

Are you stressed? Do you have tons of schoolwork to do and a lot of other stuff? Does Mom make you watch your siblings while she goes shopping? Do you have athletics practice till all hours? Do you have to go take pictures at the game for yearbook? Does Dad yell at you to study for your test the next day? Does your little brother keep tapping on the table and making weird noises while you are actually

trying to do your homework? Do you keep picking up that interesting magazine instead of your assigned AP English book? Well, you are not alone... many people feel the same way. Now that the break is over, it is time to get back work! Does this thought scare you? Make the best of what you have. Manage your time in a smart manner. Try not to get stressed—there are other people in the same situation. Stop and take a couple of deep breaths and relax for a



second if you feel overwhelmed. And never forget to take the time to have fun and enjoy yourself—you are only in high school once (well hopefully)! Go have fun with your friends and spend time with your family. You do have social health too, not just mental and physical. Speaking of physical, sometimes a little exercise can help you to feel better! Get outside and play a game; enjoy the weather! So, do your work, but do not worry too much. Another break will be here before you know it! Time flies when you are having fun!



Ideas for Service



Well the first thing right now that comes to mind is donate to something like 'Coats for Kids' because it's cold outside! Just think how cold some people might be—you probably have a jacket or sweater on—and they might not...

One easy way to get involved is to join a community group or youth group through church: many times these do community service projects. Also, you can learn a lot and make some more friends! The group I have been with for several years now is tons of fun!! If you have difficulties getting to church, don't stress, it's possible—my family didn't go to church for quite

awhile, but then I got invited to go to youth group. I loved it, and then my parents decided we should try going to a church service there... now we are fully involved at the church and are members who have been attending for a couple of years. Never underestimate the power you have to influence others—even your peers and elders!

Another good thing to do during the winter months is donate to a food pantry. You can take canned goods to be distributed to families in need. This can be very helpful to many organizations and people in our local communities.

There are tons of ways to be involved in your community, really—it's just a matter of getting up and doing something. Just talk to other people about things they do, and maybe you'll get a great idea! Still need help coming up with something? Send me a message, and I'll see if I can help you!

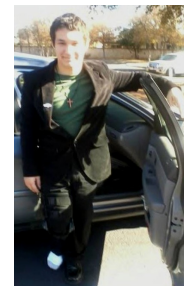


The day after we got out of school, December 18, several of our Key Club members travelled to Sun City for a lunch with the International President. Ms. Hughes drove Patrick Sloan, Neire Rabadan, Erendida Moran, and Nicole Tolbert to Georgetown to enjoy some scrumptious food! This lunch was part of the Step-Up Clinic. There were many Kiwanis in attendance and some other Key Clubbers as well. We

Presidential Dinner

had a good time visiting together and enjoying our meal of Cordon Bleu and a delicious dessert cake as well! We listened to introductions by various speakers and sung a song together, too. The President finally got to speak, and he was very inspirational! It was nice to get to talk with Kiwanis members and meet some new people. Big meetings like this can be lots of fun!

Catch fire and spread your flames!



School Reminders:



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Find me, and our Key Club page, on Facebook also!

January 3rd- School starts back up
January 17th- No school for students (Martin Luther King, Jr. Day)

Basketball and Powerlifting Season!
Check schedules at school for dates!

